

PROTECT

yourself and your family with an
ADVANCE CARE PLAN.

There may come a time through **illness or an accident** when you cannot tell doctors what medical care you do and do not want. An advance care plan is created when you **discuss and legally document your future medical decisions.** There are two parts:

1. Healthcare decision-maker

Someone to make medical decisions for you when you are unable to make them for yourself.

2. Living will

What medical treatments you do and do not want at the end of your life.

Ask your doctor today
about making **your** advance
care plan.

WHY

an advance care plan is important.

Without an advance care plan, doctors and the **people who care about you will not know your wishes for your medical care.** Your healthcare team may provide uncomfortable, invasive, and expensive medical care at the end of your life that you may not want.

Family members may disagree about what care you should receive and for how long. Your loved ones may fight over what they believe you want—this may cause friction in your family at an already stressful time.

Already have an Advance Directive?

You have taken an important step to protect yourself and your family. The next step is to ensure that your doctors and loved ones can **easily find your advance care plan** so your wishes will be followed.

Talk to us today about how we can **securely record and share your decisions**, so they can be honored by your doctors and loved ones.